

PLEASE POST

POST-DOCTORAL FELLOWSHIP 2010-2011

**UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
SAN FRANCISCO GENERAL HOSPITAL
PSYCHOSOCIAL MEDICINE PSYCHOLOGY TRAINING PROGRAM**

Background: San Francisco General Hospital (SFGH) is a county hospital that is committed to serving low-income and diverse ethnic and cultural minority populations. SFGH is a teaching hospital for the University of California, San Francisco (UCSF) School of Medicine. The Psychosocial Medicine Training Program offers four distinct post-doctoral fellowship tracks. Each track offers unique training opportunities and clinical experiences, with shared seminars. Fellows rank order their preferences among the four training tracks, and are accepted to one track for their post-doctoral fellowship. Part-time fellows who can commit to 24 hours/week will be considered, but preference is given to full-time applicants. The tracks are as follows:

- 1) Healthy San Francisco-Psychosocial Medicine Team (HSF-PMT)
- 2) Trauma Recovery Center (TRC)
- 3) Division of Substance Abuse and Addiction Medicine (DSAAM)
- 4) Child and Adolescent Support, Advocacy and Resource Center (CASARC)

Please note: There is an additional Psychosocial Medicine post-doctoral fellowship training program for the NEUROPSYCHOLOGY SERVICE, which has a separate application process. Please contact Dr. David Pope at (415) 206-5075 or david.pope@sfdph.org for additional information.

1) Healthy San Francisco-Psychosocial Medicine Team (HSF-PMT)

This track is a health-psychology focused training experience funded through San Francisco's nationally recognized "Healthy San Francisco" health plan, often referred to as San Francisco's "universal health care coverage." This training offers fellows an opportunity to participate in an innovative program that integrates mental health and public primary care services, with interns functioning as members of the primary care team. Fellows provide a wide range of behavioral medicine services, including teaching patients to better manage chronic medical disease, as well as providing brief individual and group treatment of depression, anxiety and addictive behaviors, teaching stress reduction skills, and collaborating with and consulting to primary care physicians. HSF-PMT interns will either be based at SFGH in the Family Health Center (a family practice based primary care clinic) OR at SFGH in the General Medical Clinic (an internal medicine based primary care clinic) OR at Maxine Hall Health Center (MHHC), a primary care medical clinic located in the Western Addition (Fillmore) district of San Francisco. This track provides a unique opportunity to be creative, integrative, and innovative, and to develop a clinical specialty area in a multidisciplinary environment. Contact Person: Susan Scheidt, Psy.D., (415) 206-8403, susan.scheidt@ucsf.edu

2) Trauma Recovery Center and Rape Treatment Center (TRC)

The TRC was developed to increase access to mental health and case management services for acute and chronic victims of violence, and provide an alternative model of care focused on eliminating barriers to care. It is an ideal training setting for interns who want to learn and implement effective and evidence-based trauma assessment and treatment models. Treatment is not limited to posttraumatic stress disorder, as patients may experience a full range of pre-morbid psychiatric conditions, including brief psychotic disorder, panic attacks, depression, and increased substance use. Fellows in this track work closely with staff in the Emergency Department, medical inpatient units, and in the community to provide case management, advocacy, assertive outreach, and psychotherapy for victims of recent sexual assaults, intimate partner violence, gunshots and stabbings. Trainees also attend the weekly Traumatic Stress Treatment Seminar where they receive didactic training in applying various integrated theoretical models and clinical interventions for a traumatized population. Contacts: Laurie Fields, Ph.D. (415) 437-3037; laurie.fields@ucsf.edu, or Vanessa Kelly, PsyD. (415) 437-3034; vanessa.kelly@ucsf.edu.

3) **Division of Substance Abuse and Addiction Medicine (DSAAM)**
Psychology post-doctoral fellows in the SFGH Division of Substance Abuse and Addiction (DSAAM) learn effective interventions for cocaine, methamphetamine, and other substance use disorders in outpatient drug treatment, methadone maintenance, and medical settings. With an emphasis on understanding and treating clients in the context of their culture, fellows gain experience with evidence-based individual, group, and couples/family interventions for substance use disorders and co-occurring psychiatric disorders. Clients are diverse in culture, sexual orientation, and gender identity. Most have HIV, Hepatitis C, chronic pain, cardiovascular disease or other chronic medical conditions that are worsened by their substance abuse. Many have post-traumatic stress disorder, bipolar, attention deficit, and personality disorders, and substantial numbers have chronic drug induced or previously undetected psychotic disorder. Primary supervisor: Valerie Gruber, Ph.D., M.P.H., (415) 206-3943, valerie.gruber@ucsf.edu.

4) **Child and Adolescent Support, Advocacy and Resource Center (CASARC)**

CASARC serves children and adolescents (up to age 18) who have been sexually or physically abused or who have witnessed severe violence. It is located on the San Francisco General Hospital campus. CASARC provides trauma-focused psychotherapy for individuals, groups and families. It is an ideal training setting for fellows who want to learn and implement effective and evidence-based child and adolescent trauma assessment and treatment models with culturally diverse families. Treatment is not limited to trauma symptoms or posttraumatic stress disorder, as children and adolescents may experience a full range of symptoms and psychiatric conditions, including ADHD, enuresis, separation anxiety, depression or other affective and behavioral disorders. Fellows in this track work closely with the CASARC medical and mental health staff to provide trainings, advocacy, assertive outreach, and psychotherapy for children and adolescents who are victims of sexual and physical abuse, or have witnessed family and community violence. Interns will also attend the weekly Traumatic Stress Treatment Seminar where they receive didactic training in applying various integrated theoretical models and clinical interventions for a traumatized population. Applicants must have prior training working with children and/or adolescents and be interested in developing a clinical specialty in working with traumatized children, adolescents and families. Contacts: Lydia Santiago, Ph.D., (415) 206-6824, lydia.santiago@ucsf.edu or Jody Friedman, LCSW, (415) 206-6271, jody.friedman@ucsf.edu.

FOR ALL FELLOWS:

Supervision/Didactic/Seminars: Individual supervision by a multi-disciplinary staff of licensed psychologists, board-certified psychiatrists, and licensed clinical social workers is provided. Fellows and interns in all four tracks come together for weekly seminars. Options for seminars include the Traumatic Stress Treatment Seminar (see description under Trauma Recovery Center above), the Behavioral Medicine/CBT Seminar, which addresses psychiatric diagnoses and treatment and behavioral medicine topics, and the Neuropsychological Assessment seminar, depending on training track. Additional ongoing group supervision, case conferences and seminars, including the Department of Psychiatry Grand Rounds, and a psychopharmacology seminar are available as optional training depending on schedules and preferences.

Cultural Diversity Training: The UCSF-SFGH Department of Psychiatry is committed to teaching culturally competent assessment and treatment interventions. The patients at SFGH are richly diverse and represent cultures throughout the world. The Psychosocial Medicine Training Program fosters cultural competence in all areas of clinical care. Case conferences and discussions all emphasize the use of the DSM-IV Cultural Formulation when discussing cases. Some of the tracks, such as the Healthy San Francisco-Psychosocial Medicine Team use interpreters to provide clinical services, and interns will receive training in how to work with translators in clinical settings.

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Qualifications: Applicants must have completed an APA-accredited Ph.D. or APA-accredited Psy.D. clinical psychology training program and completed all pre-doctoral clinical hours. Course work in

psychopathology, mental health treatment, neuropsychology, health psychology, and child/adolescent psychology provide highly relevant preparation, depending on the desired training track.. Experience and interest in treating chemical dependency is desirable. Ethnic minority and bilingual applicants are strongly encouraged to apply. Fellows will be expected to make a 1-year commitment from July 2010 through June 2011. Half-time (24 hours per week) and Full-time (40 hours per week) positions are available; full-time preferred.

Benefits: Excellent training by UCSF faculty in an exciting, multicultural environment. There is currently no monetary stipend, although daily lunch and parking passes may be offered.

Application Process: Please contact faculty listed above for specific information regarding each track. For general information about the application process, please contact the program administrative assistant, Ana Sandoval, at ana.sandoval@ucsf.edu or phone at (415) 206-3981. Send all applications to the address below. Please include the Track Ranking Form, rank ordering preferences for training tracks. Applications will be accepted starting December, 2009. Applicants should send:

- 1) A letter of intent stating your experience and which site is of primary interest to you.
- 2) The Post-Doctoral Fellowship Track Ranking Form ([please see below](#); [print and include with application](#))
- 3) A curriculum vitae with a list of your references
- 4) Applicants must also gather and submit three letters of recommendation in sealed envelopes and include them with the application if possible.

Ideally, all complete applications should be received by February 26, 2010. Positions are usually offered the first week of April. We recommend sending your materials as early as possible; however, applications will be accepted after this date. A hard copy of the application should be sent to:

Susan Scheidt, Psy.D., Coordinator of Training
Healthy San Francisco-Psychosocial Medicine Team
San Francisco General Hospital
1001 Potrero Ave. 7M
San Francisco, CA 94110

(PLEASE SEE RANKING FORM ON THE NEXT PAGE)

UCSF/ SAN FRANCISCO GENERAL HOSPITAL
Psychosocial Medicine
Psychology Training Program

POST-DOCTORAL FELLOWSHIP TRACK RANKING FORM

Applicant Name _____

School _____

I. Training Status

Please **circle** whether you are interested in a: Half-time *or* Full-time Position
(24 hrs/Week) (40 hrs/Week)

II. Training Sites

Please rank your preferences for training sites (**1-4, with 1 being your top choice.**) Please note you will be chosen for just ONE of the training tracks. It is best that your cover letter reflect your strong preferences for one track over the others, and you need only rank the tracks in which genuinely interested. If you have any questions about the ranking or application procedure, please contact us as soon as possible. Thank you.

- 1. Healthy San Francisco-Psychosocial Medicine Team (HSF-PMT) _____
- 2. Trauma Recovery Center (TRC) _____
- 3. Division of Substance Abuse and Addiction Medicine (DSAAM) _____
- 4. Child and Adolescent Support, Advocacy and Resource Center (CASARC) _____

Please return this form with your application packet. Thank you!